

## PROFESSIONAL SERVICES

Lake Katherine Nature Center and Botanic Gardens is an 85-acre park that includes woodlands, prairie, wetlands, gardens and a 10-acre lake. Lake Katherine welcomes the support of the corporate community to use Lake Katherine as an escape from urban life and an opportunity to experience the natural world.

Whether a small family-owned business or a large international corporation, companies can play an integral part in supporting Lake Katherine and contributing to conservation.

Businesses can show support by utilizing one or more of the following services:

- Retreat Days and Team Building Activities
- Environmental Consulting and Conservation Project Guidance
- Volunteer Restoration Workdays and Sponsorships



### Corporate Retreats and Team Building Activities



Improve productivity and morale by investing in a day retreat. Get your team out of the office and immersed into nature. Research has shown time spent in nature and green spaces can be beneficial for improving mood, cognition and health. Staff at Lake Katherine can tailor a day of activities based on interests, goals and the size of the team.



**FACT:** Over 100,000 people visit Lake Katherine's grounds each year

Examples of Corporate Retreats include, and are not limited to:



### Adventure Play

- Camping
- Canoeing and Kayaking
- Barefoot Path
- Team Building Activities

### Survival Skills

- Building Shelter
- Fire Starting
- Water
- Food

## Consulting and Conservation Project Guidance

Companies can improve the aesthetics of office buildings or facility entrances, save money on mowing and provide essential native habitat for wildlife with help from Lake Katherine.

Our staff can assess the property and provide step-by-step guidance on how to install suitable enhancements such as native landscaping, pollinator gardens and native meadows.

If the surrounding area has quality habitat, staff can offer guidance on installing bird boxes, bat houses, bee blocks and even basking logs for turtles if a water source is present.



## Volunteer Workdays and Sponsorship

Not all corporate facilities or campuses have green spaces that can be improved for wildlife use. However, if your team includes green thumbs, bird watchers, photography enthusiasts, or people with a desire to donate time in a meaningful way, consider restoration work days at Lake Katherine. The park wouldn't be what it is today without the generous time and help of its volunteers. Consider sponsoring a specific restoration area. Lake Katherine can install educational signage with your company logo for all the visitors to see. Come make a difference!



For more information and cost estimates for any of the above services, please contact Lake Katherine naturalist Sara Barnas:  
Sara.barnas@lakekatherine.org  
Direct: 708-761-3055



# Join The Effort To Save The Monarch Butterfly



## The Mayors' Monarch Pledge

On August 1, 2017, Mayor Bob Straz of Palos Heights signed a National Wildlife Federation pledge to aid the ailing monarch butterfly. He vowed to lead the way by planting native species to increase habitat necessary for pollinators - and to encourage the community to do the same. The good news is that even if you are limited for green space, there are plenty of ways you can contribute.

## What can you do?

Illinois is in the heart of the monarch's migration routes and summer habitat areas. If we all do our part to offer food and shelter for these iconic insects and other important pollinators, together we can work towards making a huge positive impact.

## Why is this important?

Twenty years ago, more than one billion Eastern monarch butterflies migrated to Mexico. In the winter of 2014, only 60 million made the trip. The North American monarch population has declined by more than 90 percent in the past two decades. Monarch scientists attribute the decline to degradation and loss of summer breeding habitat in the USA, and loss of winter habitat in Mexico.

*“Schools, homes and businesses can all provide essential habitat for monarchs too. Simple changes in landscaping ordinances or school policies can make a big difference for the monarch.”*

*– National Wildlife Federation*



## Who can help?

Lake Katherine Nature Center and Botanic Gardens is available to help you assess the property surrounding your property to see what could be done to enhance it for monarch butterflies and other wildlife species. Lake Katherine offers free consultations to help you get started.